

Co-Development of an Educational Toolkit to Support Young Women's Parental Role, Responsibilities, and Goals Post-stroke

Location: Canadian (virtual)

Description: The aims of this project are twofold: 1) to co-develop a post-stroke educational toolkit for younger adult women to support their parental role, responsibilities, and goals post-stroke; and 2) to evaluate the readability, suitability, understandability, actionability and user perception of the educational toolkit, considering both younger adult women (patients) and providers. The development of such an educational toolkit tailored to women who have experienced a stroke addresses a critical gap in current stroke model of care and services. By involving women directly in the creation of these educational toolkits, the resources can be customized to meet their unique needs, and preferences in addition to ensuring the information is both relevant and practical to them as end-users.

Language: English speaking (can be low to high proficiency). Simple language will be used in the surveys and aphasia-friendly communication techniques were employed using live close-captioned via Microsoft Teams and screen sharing with the questions being asked highlighted.

Eligibility: Younger adult women (18+) who have had a stroke and are of diverse cultural, ethnic, socioeconomic backgrounds.

Participant requirements: Participation of the toolkit evaluation comprises of 1) completion of a short survey; and 2) participating in a virtual focus group that is about 45 minutes in duration. Participants will be offered a \$20 compensation (through a gift card) as a token of appreciation for their time.

Institution: University Health Network

Contacts:

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