

Enhancing the delivery of virtual rehabilitation for mobility after stroke

Location: Okanagan or Vancouver, British Columbia

Recruitment period: Until November 2024

Description: The purpose of this study is to try a smart mirror for virtual rehabilitation. The rehabilitation program is a progressive exercise program focused on your lower extremities. The study is conducted out of UBC Okanagan OR out of Vancouver, GF Strong Rehabilitation Center.

Language: English only

Eligibility:

- Are 19 years of age or older
- Have experienced a stroke
- Experience symptoms from your stroke
- Are community-living
- Are able to walk 10m without physical assistance
- Are able to tolerate 50 minutes of activity (including rest breaks, as needed)
- Have the ability to safely communicate with research team members
- Are able to provide informed consent

Participant requirements: If you choose to participate, you will be asked to participate in a 60- to 90-minute virtual therapy session, two times a week over four weeks. You will also be asked to come in for a pre- and post-assessment.

Institution: University of British Columbia

Contact:

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