

Usability and Practical Utility Factors of Virtual Cardiac Rehabilitation for Cardiac Patients

Location: Atlantic provinces (NB, NS, NFLD, or PEI)

Number of participants: 300

Recruitment period: Start month and date 2021 or 2022 to X end date

Description: As literature shows that virtual cardiac rehabilitation is a significantly underutilized resource amongst older adult patients, this study aims to survey cardiac rehabilitation across the four Atlantic provinces to help identify barriers, gaps, and challenges from the patient-participant perspective regarding cardiac rehabilitation. The data will also inform the design and development of future digital health solutions, including research and development in digital health solutions.

Language: The survey is available in both French and English and can be administered online, over the phone, or on paper.

Eligibility:

- Lives in the Atlantic Provinces (NB, NS, NFLD, or PEI)
- 19 years of age or older (or 18+ in PEI)
- Have been advised or referred to take part in a cardiac rehabilitation program by a healthcare professional

Participant requirements: The survey will be available until saturation is met for sample size. The survey is expected to take 30-40 minutes to complete and was pilot tested by patient partners to ensure understanding and ease of completion.

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