

EQUIT Stroke Study: Towards Equitable Care for Young Women Stroke Survivors

Location: British Columbia

Number of participants: 15-20

Description: Women have the right to high-quality, fair and just stroke care. Unfortunately, women are at a higher risk of stroke, tend to suffer more severe disabilities and are more likely to die from stroke than men. There has been a rise in the number of young people, particularly young women, who are affected by stroke. In addition, there are also health differences in people with stroke from various racial/ethnic backgrounds, living in rural and urban areas, and with different financial and social circumstances. Researchers have studied the experiences of young people with stroke, but more research on young women is needed.

In this project, researchers will focus on understanding what can we learn from the experiences of young women stroke survivors and their access to care in British Columbia that can help address health differences. All interviews will be analyzed to understand the young women stroke survivorship experience and the influence of their background, living situations, and social and economic circumstances. The results of this project will provide suggestions for healthcare professionals and policymakers to design fair and accessible services that address the individual needs of young women stroke survivors.

Language: English and/or Portuguese

Eligibility:

- Resident of British Columbia
- Young people between 18 and 60 years old who identify as women
- Women who were diagnosed with stroke after 2012

Participant requirements: Prospective participants will be contacted to verify that they can participate in the study. Video will be required during this call. If they can participate, participants will be sent a consent form. Thereafter, participants will be asked to:

- Answer a 5-minute questionnaire about themselves online or over the telephone.
- Have an interview with a researcher, in-person or virtually. The interview will take around 45 to 90 minutes.

Institution: University of British Columbia

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