



Presenting Partner



## Student Committee: A Guide to Engaging Older Students in Jump Rope for Heart

Jump Rope for Heart should be fun for the whole school! By empowering older students, you can lighten your workload as a Teacher Coordinator and provide valuable leadership opportunities. We encourage you to recruit your own Jump Student Committee and use the ideas below to engage and motivate older students.

### Your Student Committee can support you by: Running your Kick-Off Assembly

Your Kick-Off Assembly sets the tone for your entire Jump Rope for Heart program. Ask your Student Committee to take charge by customizing and presenting the [Kick-Off presentation](#) highlighting the program's purpose and your fundraising goals while building excitement for Event Day! Encourage them to be creative, use visual aids, show off some skipping skills and deliver a compelling message to inspire their peers.

### Create Jump Rope for Heart Displays

Unleash students' creativity and ask them to design eye-catching displays to promote Jump Rope for Heart throughout your school. You can use the tools provided in your free registration kit including the Jump Rope for Heart Event Poster and [Paper Hearts™](#) to help with your display. Encourage students to incorporate your school's fundraising goal, event date, [spirit booster](#), fun graphics, slogans, and any personal stories not for your school community!

### Sharing Daily Announcements

Assign your committee the responsibility of delivering daily announcements related to your Jump Rope for Heart event. Encourage them to prepare engaging announcements to remind their peers about upcoming event dates, highlight fundraising achievements and share heart-healthy tips. Share the [Announcements Resource](#) to support!

### Coordinating Event Day Stations and Activities

Ask committee members to support as event coordinators on your Event Day. Encourage them to take charge of organizing and managing your various activity stations. Student leaders can create the schedule, assign responsibilities to their peers and ensure the smooth execution of the Event. Share our [Activity Guide](#) to get them started!

