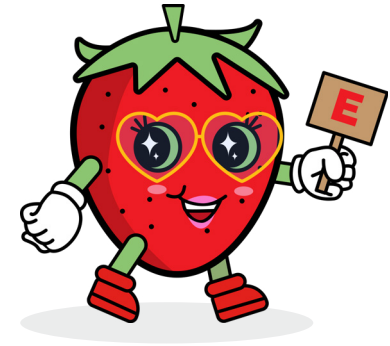




# Congratulations!

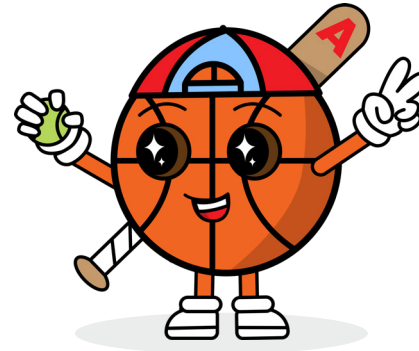


**This certificate is presented to:**

\_\_\_\_\_

in recognition of your participation in the  
Heart & Stroke Jump Rope for Heart program.

**Thank you for helping Canadian families  
live longer, healthier lives!**



\_\_\_\_\_

Signature

\_\_\_\_\_

Date

