# Fun Ways to Use Your Aler Hearts

**Desjardins**<sup>®</sup>









#### **Decorate your classroom / hallway**

Ask students to write the name of the person they are fundraising for/ or their favourite EASY healthy habit/ or why heart health is important on their individual hearts, then decorate your classroom or hallway. Be creative and arrange them in the shape of a large heart, flowers, hot air balloon, tree of hearts, or use the letters to spell out your school name on a large wall in your school.

#### Share your school's creativity on social

Post a picture to your school's social channels to share with your community how your school used the Paper Hearts<sup>™</sup>. Don't forget to use the hashtag #JumpRopeForHeart.

# Have a classroom door decorating competition

Have each classroom decorate their door with the Paper Hearts<sup>™</sup> and then vote to see who the winning class is.

#### Incorporate Paper Hearts<sup>™</sup> into an art assignment

Ask students to draw a picture or colour their Paper Hearts<sup>™</sup> and put them on display.

# Tie the Paper Hearts<sup>™</sup> into your schools fundraising goals

Use Paper Hearts<sup>™</sup> to track classroom or school fundraising success by creating a progressive stack of hearts on the wall as fundraising increases.

# Take a Paper Heart<sup>™</sup> photo

Ask students to take fun photos holding their Paper Hearts™.

# **Engage students using your own creative ideas!**

