## **Ride for Heart**

## Earn your Ride for Heart badges

Challenge yourself to collect all of our fundraising and activity badges!

## **Fundraising badges**



Reach your fundraising goal



START

Off to the races

Track your first kilometer



**Health Promoter** Raise \$100



**Hope Defender** Raise \$250



**Moment Maker** Raise \$500



**Platinum VIP** Raise \$2.500!



Ride for Heart VIP Raise \$1,000



Groundbreaker Raise \$1,500

**Ride for Heart Kilometer Challenge badges** 



Lifesaver

Raise \$2.000

Kilometer Challenge: 25 KM Track 25 km of activity overall



Kilometer Challenge: 50 KM Track 50 km of activity overall



Kilometer Challenge: 75 KM Track 75 km of activity overall



On the way with 5KM

Track 5 km of activity overall

**Welcome to the Century Club** Track 100 km of activity overall



Kilometer Challenge: 250 KM Track 250 km of activity overall



Kilometer Challenge: 500 KM Track 500 km of activity overall

## **Corporate Health and Wellness Challenge**



Week One: **Walking Buddy** Awarded for getting active with a teammate.



Week 2: **Five Kilometres for Heart** Awarded for riding, walking, or running 5 KMs in one day.



Week 3: **Human Powered** Awarded for self-powering your commute.



Week 4: Switch it up Awarded for trying a new type of activity.

