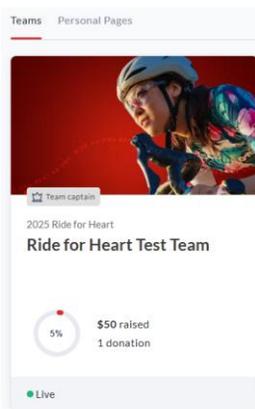


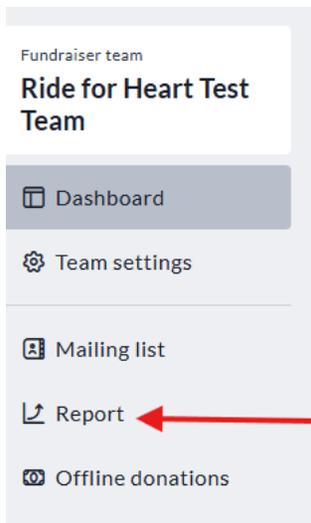
Ride for Heart

Assign a co-captain to your Ride for Heart team

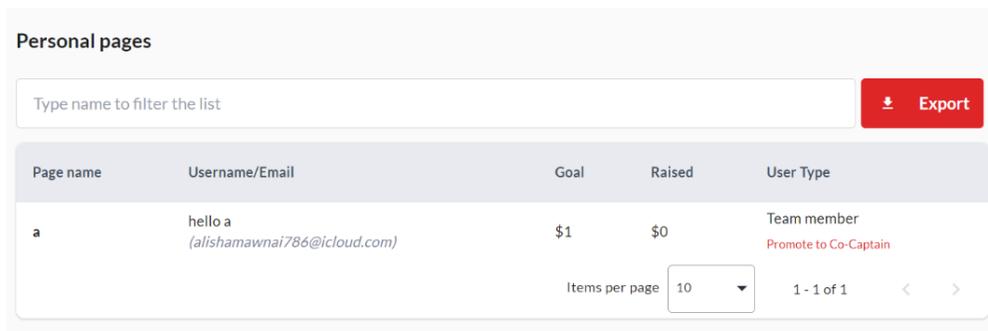
1. Login to www.rideforheart.ca and visit your participation centre. From here you can view all your personal or team pages. Select which you would like to assign a co-captain to by clicking **“Team Page”** and then the Ride for Heart tile associated with the team of your choice.



2. Click on **Report** on in the side menu.



3. Scroll down to the **Personal Pages** section and click **Promote to Co-Captain** next to the team member you would like to assign.



You can return to this page at any time and demote/change the Team Captain.